

RECLAIMING OUR HEALTHY SPACES @ CoS COURT OF SCIENCES

SPRING QUARTER 2018

MINDFUL MUSIC SERIES

Mindful Music will transform the Court of Sciences into a performance venue for people to gather, take a break, and de-stress during the day to support mental health and well-being.



FIRST TUESDAY
OF EVERY MONTH

12PM - 1PM

Court of Sciences (CoS)
Young Hall Courtyard

UCLA Recreation THURS-YAY! SERIES

Join UCLA Recreation and get moving with a midday MoveWell break of games and activities at the Court of Sciences.

EVERY THURSDAY

12PM - 1PM

Court of Sciences (CoS)
Recreation shed in front of
Geology Building